



OSAA / U.S. Bank / Les Schwab Tires
2007 TRACK & FIELD STATE CHAMPIONSHIPS
QUALIFYING STANDARDS



Girls

(Five-year average of fifth place)

	CLASS 6A and 5A		CLASS 4A		CLASS 3A and 2A		CLASS 1A	
	FAT	Hand	FAT	Hand	FAT	Hand	FAT	Hand
100	12.55	12.3	12.98	12.7	13.46	13.2	13.73	13.4
200	25.94	25.7	26.64	26.4	27.26	27.0	28.09	27.8
400	58.32	57.9	59.70	59.4	1:01.60	1:01.3	1:03.12	1:02.8
800	2:17.46	2:17.2	2:22.89	2:22.6	2:26.36	2:26.1	2:32.53	2:32.2
1500	4:43.28	4:43.0	4:49.42	4:49.1	5:02.88	5:02.6	5:18.69	5:18.4
3000	10:23.68	10:23.4	10:46.44	10:46.2	11:15.57	11:15.3	12:10.63	12:10.3
100 High Hurdles	15.66	15.4	16.39	16.1	17.01	16.7	18.07	17.8
300 Low Hurdles	46.18	45.9	47.35	47.1	49.15	48.9	51.20	50.9
Long Jump		17-1		16-7		16-1		14-11
Triple Jump		35-9		34-9		33-9		31-8
Shot Put		38-0		37-6		35-0		33-0
Discus		122-0		115-0		106-0		105-0
Javelin		130-0		125-0		118-0		112-0
High Jump		5-2		5-1		5-1		4-11
Pole Vault		11-1		10-3		8-10		7-9

(Five-year average of third place)

4x100 Relay	49.10	48.8	50.76	50.5	52.14	51.9	53.49	53.2
4x400 Relay	3:58.44	3:58.2	4:04.12	4:03.8	4:17.00	4:16.7	4:24.78	4:24.5